

2023 7 Hills Race

Pos.	Name	Time	Number	club	F	Vet
1	Ritchie Gardiner	01:35:29	80	Corstorphine AAC		
2	Rodrigo Lara Molina	01:39:45	132	Carnethy HRC		
3	moray pryde	01:41:54	194	Lothian RC		
4	Gregor Malcolm	01:45:18	167	Hunters Bog Trotters		
5	sullivan smith	01:45:33	227	Cambridge and Coleridge		
6	Alex Luetchford	01:45:49	143	Hunters Bog Trotters		
7	Julian Barrable	01:47:45	14	Corstorphine AAC		
8	Tom Ferrington	01:49:22	72	Corstorphine AAC		
9	Alasdair McLeod	01:50:45	162	Ochil Hill Runners		
10	Jack Mckenna	01:51:04	156	Carnethy HRC		
11	Richie Umpleby	01:51:36	250	Carnethy HRC		
12	Alex Robinson	01:53:22	203	Hunters Bog Trotters		
13	Kristopher Blake	01:54:15	21			
14	Robert Bough	01:56:02	24	Blackhall Cross Country Club		
15	Duncan Coombs	01:56:30	55	Hunters Bog Trotters		
16	Grant Boyne	01:56:33	25	Shettleston Harriers		
17	Ken Speirs	01:56:47	229	Corstorphine AAC		M50
18	Richard LAUCHT	01:59:21	133	Carnethy HRC		
19	Scott Napier	01:59:34	178	Carnethy HRC		
20	Alexander Bothwell	01:59:49	23			
21	Iain Gilmore	02:00:15	83	Carnethy HRC		
22	Morag McClelland	02:02:04	148	Hunters Bog Trotters	F	
23	Will Griffiths	02:02:26	93	Edinburgh AC		
24	Andy Nicoll	02:02:39	181			
25	David Fulton	02:02:58	79	Hunters Bog Trotters		
26	Christopher O'Brien	02:03:32	185	Corstorphine AAC		
27	Peter Thomson	02:03:42	245	Edinburgh AC		
28	Katie Williams	02:03:56	268	Hunters Bog Trotters	F	
29	Richard Taylor	02:04:10	238	Andy's Man Club		M50
30	Iain Macleod	02:04:15	161	Corstorphine AAC		M50
31	Oliver Girdham	02:04:18	84	Portobello RC		
32	William Shepherdson	02:04:24	216	Blackhall Cross Country Club		
33	Craig Hogg	02:04:51	108	Carnethy HRC		
34	Gavin Smith	02:05:41	225	Hunters Bog Trotters		
35	Will Ruiz	02:06:51	209	Blackhall Cross Country Club		
36	Marijn Rodenburg	02:07:06	204	Rotterdam Atletiek		
37	Aidan Belton-Schure	02:08:12	18	Hunters Bog Trotters		
38	Joshua Dack	02:08:22	59	Lothian RC		
39	Toni Beisel	02:08:32	17			
40	Michael Smith	02:09:07	223			M50
41	Marcin Karpowicz	02:09:12	119	Portobello RC		

42	Steve Best	02:09:15	19	Carnethy HRC	
43	James Doran	02:10:11	64	Edinburgh AC	
44	Patrick Kelly	02:10:24	121		
45	James Mayers	02:11:06	169	Musselburgh and District AC	M60
46	Duncan Lamont	02:11:38	129	Hunters Bog Trotters	
47	David Liston	02:11:57	138	Carnethy	M50
48	Stephen Switzer	02:12:18	236	RTC Warriors	
49	Caspian Richards	02:12:24	200	Dunbar RC	M50
50	Murray Steele	02:12:25	233		M50
51	Alistair Marshall	02:12:39	168	RTC Warriors	
52	Owen Williams	02:12:56	269	Lothian RC	
53	Alasdair Ford	02:13:11	73		
54	Will Scott	02:13:13	213	Thames Hare & Hounds	
55	Matthew Nolan	02:13:33	183		M50
56	Andrew Taylor	02:14:06	237	Shettleston Harriers	
57	Graham Anderson	02:15:05	6	wedding party	
58	Joe Wallace	02:15:17	258		
59	Paul Rowllings	02:15:41	208		M50
60	Jamie Thin	02:16:19	241	Hunters Bog Trotters	M50
61	Chris Brooks	02:16:48	32		
62	Blair Geddes	02:17:07	81	Carnegie Harriers	
63	Graeme Seggie	02:17:13	214		
64	Paul Rigg	02:17:15	202		
65	Alan Cameron	02:17:18	45	Corstorphine AAC	M50
66	James Wright	02:17:22	273	Lothian RC	
67	Ivor Normand	02:17:25	184	Hunters Bog Trotters	M50
68	Jamie Forsyth	02:17:31	74		
69	Louis Wright	02:17:35	272		
70	Robbie Shepherdson	02:17:58	217	Blackhall Cross Country Club	
71	Graeme Thom	02:18:09	242	Portobello RC	
72	Wade Cormack	02:18:09	57	Hunters Bog Trotters	
73	Douglas Bronson	02:18:10	31		M50
74	Martin Maginnis	02:18:14	166	Linlithgow AC	
75	Chris Miller	02:18:16	171		
76	Richie Kidd	02:18:17	123		
77	Alex Baldwin	02:18:21	12	Metro Aberdeen	
78	Andy Johnston	02:18:23	118		M50
79	John Hayes	02:19:01	102	Ilkley Harriers AC	M50
80	Nicola Duncan	02:19:07	65	Carnethy HRC	F
81	Morven MacAllister	02:19:54	144	Edinburgh AC	F
82	Neil McLure	02:19:56	163	Carnegie Harriers	M50
83	Graeme Acheson	02:20:00	2		
84	Euan Woodley	02:20:03	271		

85	Louie Gibson	02:20:04	82			
86	Rowan Griffin	02:20:25	92	SMBRC		
87	Coll Williamson	02:21:18	270	Hunters Bog Trotters		
88	Aurélien Tobie	02:22:00	281	Hunters Bog Trotters		
89	Paul Young	02:22:08	275	Lothian RC		M50
90	Jorge Rodriguez	02:22:36	205			
91	Finlay Emmott	02:23:07	67			
92	Robert Greig	02:23:16	91	Carnethy HRC		
93	Dave Walker	02:23:24	255			
94	Sandy Hetherington	02:24:09	104	Carnethy		
95	Stuart Austerberry	02:24:17	11			
96	Tom McKenna	02:25:10	157	Hunters Bog Trotters		
97	Will Chadwick	02:25:23	51	Edinburgh AC		
98	Andreas Hermann	02:25:24	103			
99	Craig Hogg	02:25:40	109	Carnethy HRC		
100	Bob Lawende	02:25:42	134	Rotterdam Atletiek		
101	Mark Anderson	02:25:49	4			
102	Tony Pargeter	02:25:52	188	RTC Warriors		
103	Andreas Assmann	02:26:15	9			
104	Katie Hawkins	02:26:35	101	Hunters Bog Trotters	F	
105	Alan Lander	02:26:59	130			
106	David Gow	02:27:03	86			
107	Colin Brown	02:27:10	35	RTC Warriors		
108	Julie Atkinson	02:27:12	10	Lothian RC	F	F45
109	Alexander Webb	02:27:26	264			
110	Jack Isherwood	02:27:33	115	Hunters Bog Trotters		
111	Danny Behrendt	02:27:35	16	SV Germania 08 Rosslau		
112	Graeme Hoodless	02:27:43	110			
113	Eric Vincent	02:27:45	253	Carnegie Harriers		
114	Matthew Scholes	02:27:47	211			
115	Adam Souter	02:27:48	228			
116	Peter McCallum	02:27:50	146			
117	Neil Thomas	02:28:11	243	Hunters Bog Trotters		M50
118	Alyn Smith	02:28:22	226			M50
119	Vicki White	02:28:44	265	Hunters Bog Trotters	F	
120	Douglas McDonald	02:28:45	151			
121	Steven Lennie	02:30:43	135			
122	Calum Brown	02:30:44	34			
123	Alistair Black	02:30:50	20			
124	Chris Murray	02:30:52	176			M50
125	Lucas Nightingale	02:31:07	182	Edinburgh Frontrunners		
126	Andrew McKeachie	02:31:37	155	Hunters Bog Trotters		
127	Daniel Darwin-Clements	02:32:01	60	Hunters Bog Trotters		

128	Alastair Murray	02:32:29	177	Lothian RC	
129	Darren Dick	02:32:39	63	Linlithgow AC	M50
130	Jason Grant	02:32:40	89		
131	John Springett	02:32:42	230		
132	Gary Pearse	02:32:49	190	Blackburn Harriers & AC	M50
133	Jonathan Letham	02:33:00	136		
134	Michael Grant	02:33:29	88	Hunters Bog Trotters	
135	Rob Stewardson	02:34:16	234	Portobello RC	
136	Tommy Guthrie	02:34:56	96		
137	Paul Slifer	02:35:07	220	Musselburgh & District AC	M50
138	Karel Vesely	02:35:12	252	Hunters Bog Trotters	
139	Charles Stable	02:35:55	231	Musselburgh and District AC	M50
140	Angus Ramsay	02:35:59	198		
141	Jeremy Beard	02:36:02	15		M50
142	Dean Carr	02:36:18	49	Moorfoot Runners	M50
143	Sarah Kyle	02:36:28	128	Portobello RC	F
144	Kathleen Dempsey	02:36:58	62	Edinburgh AC	F
145	Duncan Cameron	02:36:59	44	Hunters Bog Trotters	
146	Mike Milner	02:37:09	172		
147	Alan Hogg	02:37:53	107	Carnethy HRC	M60
148	mark clements	02:37:58	53		M50
149	Doug Stewart	02:37:59	235		
150	andy forsyth	02:38:00	75		
151	Ciaran Young	02:38:04	276	Lothian RC	
152	Ian McDougall	02:38:15	152	Edinburgh Outdoor Fitness	M50
153	Peter Kirkham-Wareing	02:38:22	126	Portobello RC	
154	Craig Yule	02:38:26	278	Stirling Striders	
155	Kenneth Taylor	02:38:56	239	St Mary's music School	M50
156	Alexander Kinninmonth	02:39:15	125	Carnethy HRC	
157	Jamie Long	02:39:21	140	Vegan Runners UK	
158	Paul Turnbull	02:39:32	249		
159	Paul Smith	02:40:01	222		
160	Mark Keast	02:40:11	120	Musselburgh and District AC	
161	Ross Mckinnell	02:40:18	160		
162	William Watson	02:40:34	263	Stonehaven RC	M60
163	Dave Morris	02:40:38	174		
164	Benjamin Ross	02:40:55	206	Falkland Trail Runners	
165	David Craig	02:41:12	58		
166	Neil Calder	02:41:13	41		
167	Ailsa Bruce	02:41:31	36		F
168	Gavin Murphy	02:43:16	175		
169	Jack McHale	02:44:50	154		
170	Alice Hosking	02:46:34	111	Edinburgh AC	F

171	Bryan Whittingham	02:46:37	266	Fife Athletic Club		
172	Sarah MacNeill	02:47:02	164	Hunters Bog Trotters	F	
173	Charlotte Briggs	02:47:41	30	Carnegie Harriers	F	
174	Anas Abdulla	02:47:45	1	Portobello RC		
175	Nikolaos Koutris	02:47:48	127			
176	Sarah Little	02:48:14	139	Linlithgow AC	F	F45
177	Roy Frost	02:48:20	78	Lothian RC		M50
178	Timothy J Ball	02:48:27	13	Haddington RC		
179	andrew mclauchlan	02:48:51	170	Ranelagh Harriers		M50
180	Jim Alexander	02:49:43	3	Lothian RC		M60
181	Robert Wallace	02:50:58	257			M50
182	Remy Shaieb	02:51:04	215			
183	Tom Parkyn	02:52:00	189			
184	Graeme Nicholson	02:52:25	180	Musselburgh and District AC		
185	Alexander Walker	02:52:26	254			
186	Gordon Pryde	02:53:10	195	Carnegie Harriers		M60
187	Regan Sinclair	02:54:59	219	Portobello RC		
188	Lizzie Thomas	02:55:02	244		F	
189	Alistair Hindle	02:55:47	105	Hunters Bog Trotters		M50
190	Adrian Aradi	02:55:53	7	CoffeeRUN SE		
191	Claire Jellema	02:55:56	116	South Morningside & Braids	F	
192	Helen Dunk	02:55:57	66		F	F45
193	Andrew Johnston	02:58:19	117	Edinburgh AC		M50
194	Gregory Gulrajani	02:58:31	94			M50
195	John Statham	03:02:07	232			
196	Buzz Urey	03:04:56	251			
197	Matt Kennedy	03:04:58	122			
198	Russell Traynor	03:05:00	247			M50
199	Sean Byrne	03:05:02	40			
200	Nathaniel Buckingham	03:05:03	37			
201	Neil Guthrie	03:06:47	97	Carnethy HRC		
202	Robin Watson	03:08:27	262			
203	Catrin Nichols	03:08:34	261	Hunters Bog Trotters	F	
204	Alison Caldwell	03:14:30	42	Portobello RC	F	
205	Martin Caldwell	03:16:45	43	Corstorphine AAC		M70
206	Jon Punshon	03:20:56	196	Northumberland Fell Runners		M60
207	Kirsty Coombs	03:22:53	56	Carnethy HRC	F	
208	Anna Hume	03:30:47	113		F	
209	Shona Young	03:30:49	277		F	F55